

Snack/Dessert Ideas

- WHOLE GRAIN CHOCOLATE CHIP BANANA MUFFIN
- HUMMUS W/ WHOLE WHEAT CRACKERS OR RAW VEGGIES
- FRUIT + KIND BAR
- CLIF BAR
- HARD-BOILED EGG + [PROTEIN BALLS](#)
- VANILLA GREEK YOGURT + CHOCOLATE CHIPS + GROUND CINNAMON+ DULCE DE LECHE CHEERIOS
- TRAIL MIX
- [SPANISH COOKIES](#) WITH FRUIT
- [TORTILLA ESPAÑOLA](#)
- CHEESE W/ CRACKERS + GRAPES OR APPLES
- WHOLE WHEAT TOAST W/ MASHED AVOCADO
- [GLUTEN-FREE CHOCOLATE CHIP COOKIES](#)
- [GLUTEN-FREE DOUBLE CHOCOLATE COOKIES](#)
- [BLACK BEAN CHOCOLATE CHIP COOKIES](#)
- [DARK CHOCOLATE BLACK BEAN BROWNIES](#)